

St. Claire Regional Medical Center

Next Submission Deadline:

3.17.09

Submit articles to Matthew Duff,
maduff@st-claire.org.

Newsbrief

March 12, 2009

ENAWGAW MEHARI, MD, FOUNDER OF PEOPLE TO PEOPLE, TACKLES THE SPREAD OF HIV/AIDS IN AFRICA



Enawgaw Mehari, MD

“

I was inspired by the challenges of medical care in Ethiopia. I witnessed firsthand the families torn apart and children orphaned by AIDS. - Enawgaw Mehari, MD

”

Ethiopian-born Enawgaw Mehari, MD, came to the U.S. in 1995 to fulfill his dream of becoming a neurologist, enrolling at the University of Kentucky for a neurology residency. However, he never forgot the medical turmoil in Ethiopia after moving to the U.S. In 1999, while wrapping up his residency, he founded People to People USA (P2P), a nonprofit organization that aims to improve health care and reduce AIDS in Africa, particularly Ethiopia.

After graduating, he began practicing neurology with specialties in pain management and neuro-AIDS at the Morehead Clinic and St. Claire Regional in Kentucky, where he is now chief of the neurology department.

He has since expanded the services of P2P, including opening the People's Free Clinic in Morehead, KY, in 2005 for the working poor who have no health insurance—an estimated 500,000—and a clinic online for anyone anywhere in the world.

In 2006, Dr. Mehari won a distinguished services award from the Society of Ethiopians Established in the Diaspora, and in 2007 he was nominated as a CNN Hero, awarded

by the cable network to everyday people around the globe who have made a major impact on the world.

In 2008, P2P and Dr. Mehari were officially honored and presented with a Certificate of Recognition by the Senate of the Commonwealth of Kentucky for his work in Morehead and Ethiopia.

ABOUT THE ORIGINS OF P2P

P2P USA was founded as a non-governmental, nonprofit organization to improve health care and reduce the spread of HIV/AIDS in Africa, particularly in Ethiopia, and diaspora communities in the U.S. There are currently about 5,000 members worldwide. The membership is free and open to anybody—doctors, nonprofessionals—who want to make a difference in the lives of the people. You can go to www.peoplepeople.org and become a member.

This is only a small segment of an article written by Elizabeth Stump in the November 6, 2008, Edition of Neurology Today. To view the article in its entirety, visit www.neurotodayonline.com

AMAZING. MEDICINE. CLOSE TO HOME.

ENVIRONMENTAL SERVICES RECOGNIZES EMPLOYEE(S) OF THE YEAR AND EMPLOYEE OF THE MONTH!

Submitted By Glenda May, General Services Coordinator



Pauline Maddix & Carolyn Barker, co-winners of Environmental Services Employee of the Year Award for 2008.

Carolyn Barker and Pauline Maddix were selected as co-winners of Environmental Services Employee of the Year Award for 2008.

Carolyn Barker has been an employee of SCR for twelve years. Carolyn works on the 4th Floor in the Women's Care Unit. She does an excellent job and has been honored with high Press Ganey scores! In 2008, Carolyn was Employee of the Month for April and June.

Pauline Maddix has been an employee of SCR for one year and works on 7th Floor. She does an excellent job! In December, 2008, Pauline was voted Employee of the Month!

Wanda Pennington was selected as the Employee of the Month for January, 2009. Wanda has been a SCR employee for 15 years. Wanda works on the 6th Floor and does an excellent job and is a great team player! We are proud to have Wanda as a member of our team!



Wanda Pennington

OUTPATIENT CENTER RECEIVES RECORD NUMBER OF APPRECIATION CARDS!

Submitted By Janie Waltz, Patient Relations Coordinator



SCR Outpatient Center Staff take a moment for a group photo in recognition of their record number of appreciation cards for a quarter.

The St. Claire Regional Outpatient Center staff received more appreciation cards this quarter than any other department, clinic or unit. Many of the 33 staff members attended a

catered lunch as a thank you and are pictured with a poster congratulating them for their good service.

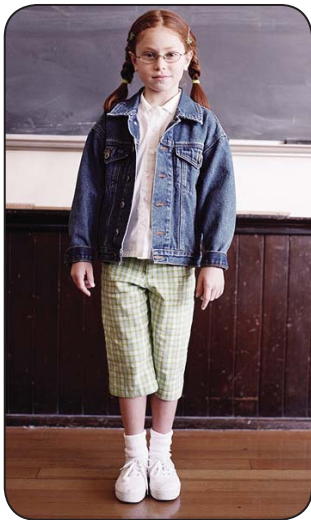
"Patients are the lifeblood of our organization and their satisfaction is the top priority of the staff at the SCR Outpatient Center", MinDee Hudson, RD, LD-HMR coordinator/Health Educator.

"Our patients are the most important people in our clinic. They are the people we work for", Bonnie Cooper, Office Supervisor.

"Patients are why we are here, the Golden Rule still applies", Jeff Hughes, Sleep Lab Coordinator.

A wonderful outlook on patient care by a great group of healthcare professionals! St. Claire Regional congratulates the Outpatient Center and all of their staff for this wonderful recognition!

COVER THE UNINSURED WEEK HIGHLIGHTS LACK OF U.S. HEALTH COVERAGE



Some 47 million people in the U.S. lack health coverage, more than the combined populations of California, Oregon and Washington. Children account for more than 8 percent of the uninsured population. These rising statistics makes healthcare a major concern facing the U.S.

CovertheUninsured, a project of the Robert Wood Johnson Foundation, is a national

effort to highlight the fact that too many Americans are living without insurance. The program works year-

round to build broad-based support for change among policy-makers, health care professionals, faith leaders, the business community and active citizens.

One initiative of the project, Cover the Uninsured Week, March 22nd – 28th, aims to raise awareness on the national and local agendas, educate Americans about the problem, and provide immediate assistance to the uninsured and small business owners. St. Claire Regional supports the mission of the Covered the Uninsured campaign and proudly serves as a community sponsor.

If you would like to become involved with Covered the Uninsured, more information can be found at www.covertheuninsured.org.

More Than 1 Million People Suffer a Hip Fracture Each Year *Could You Be One?*



Bone Densitometry Now Available at SCR

Osteoporosis is the leading cause of hip fractures, but the disease is preventable and treatable. A complete bone health assessment can diagnosis bone loss in the earliest stages – *making treatment more successful.*

Speak to your healthcare provider today about adding a complete bone health assessment to your annual screenings.

 **St. Claire Regional
Medical Center**
www.st-claire.org

Amazing. Medicine. Close to Home.

SUPPORT THE SAFE FUND; SCR STAFF MEMBERS DONATE ART & CRAFT ITEMS

Submitted By Jean Jones, Manager, Clinical Nutrition

Over the past 7 years, the St. Claire Assistance Fund for Employees (SAFE) has provided \$102,000 in emergency assistance for SCR employees. The week of March 16, there will be a raffle to raise funds for this worthy program.

Several talented SCR employees have donated art or craft items, 7 of which will be on display for March. The raffle display and ticket sales will take place the week of March 16, from 11 am to 1 pm, and from 4 pm to 6 pm. On Monday, Wednesday, and Friday, the display will be located in Cafeteria A. On Tuesday the display will be located in Cafeteria D. On Thursday, the display will be in the main cafeteria. Tickets will be \$1 each.

QUILTED WALL HANGING



Pam Snelling, a Billing Specialist with SCR Family Medicine Central Billing Office, donated an embroidered red work quilted wall hanging of roosters.

“I have been doing embroidery since I was 7 or 8. My paternal grandmother taught me. I enjoy seeing the project come to life when I add the colored thread to it. I also love to crochet and sew.”

HAND KNITTED SCARF



Karen Holifield, Director, Rehab Services, donated a 100% Alpaca Fleece spun to yarn.

“I breed Alpacas and we shear them once a year. The fleece is very similar to cashmere and hypoallergenic. I send the fleece to a fiber mill to be spun. This scarf was hand

knitted by myself and made from the fleece of one of the alpacas on our Farm called “Jack Frost”.

LANDSCAPE OIL PAINTING



Jeffrey L. Ellis, M.D., Pathologist, Department of Pathology, donated a landscape oil painting titled “Smokey Mountain Stream”.

“It is my impression of a trout stream in the Smokey Mountains of Eastern Tennessee around the Gatlinburg area. I have been doing landscape oil painting for 5 years. I picked up most of it by watching other artists and trying to mimic their style and then adapting it. I prefer doing landscapes as well as seascapes.”

HAND-KNITTED PONCHO



Linda Jarrell, RN who works in the Mental Health Unit, donated a hand-knitted poncho. The projects is made from 2 strands of yarn—one variegated grey and one white, plus black Fun Fur.

“I have knitted for about 40 years. Until about 3 years ago, I used the standard needles. Since I’ve used the loom, it is my preferred method. I once said, “If I didn’t make a stitch in something at least every three days, I was going to have a nervous breakdown.” I find craft work relaxing, most of the time. If it gets too difficult, I put it down and try again later. Most of all, I usually make items to give as gifts.

(See SAFE on Page 5)

(SAFE from Page 4)

While making the item, my thoughts focus on the person who is the planned recipient. I also enjoy making items to donate to organizations that help others in need. I think it is fulfilling a part of God's plan for us. He certainly went farther than any of us when it came to being charitable."

LANDSCAPE ACRYLIC PAINTING



Carolyn Brown, AP Processor in Financial Services, donated a landscape acrylic painting from a picture she saw in a magazine.

"I have been painting for about three years and typically paint

on regular canvas, but sometime I paint on gourds, wood, glass, etc. It's not something I get to do often, but I really enjoy painting and doing other crafts when I can find the time. I think what inspired me was, many years ago I was fortunate enough to have a dear friend invite me to do some crafts with her and her sister.

Once I realized how much fun it was, I was hooked, and have enjoyed making crafts, wreaths and painting ever since. Not only did I learn to do some crafting with my friends but we also enjoyed the time to fellowship.

CUSTOM PAINTED VASE (NOT PICTURED)

Robin Carroll, Administrative Assistant for Patient Financial Services, donated a custom painted vase (no picture available) that combines painting, scrapbooking and crafting.

"I have been scrapbooking and crafting for about 10 years. A co-worker introduced me to scrapbooking when I first started working at St. Claire Regional and I have been obsessed with it since then. I enjoy sharing my passion with the children in my Sunday School class and teach classes to those interested once a month at the Wellness Center in Frenchburg. I am a Close to My Heart Consultant so I am now into Stamping also. Lots of fun! I try to learn different techniques and share them with others. My dream is to have my own craft/scrapbook store one day and to host a show for local television."

WOMEN REFRESHED COOKBOOK (2005) & COOKBOOK ADDENDUM (2008)

Submitted By Jean Jones, Manager, Clinical Nutrition

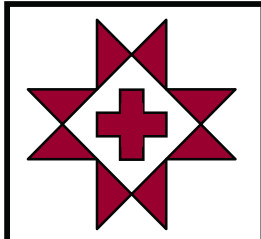


The Women Refreshed Cookbook (2005) and Cookbook Addendum (2008) is the creation of the SCR Women who are part of the Retreat Program "Women Refreshed". Each year since 2004,

a planning team has organized a weekend retreat in Covington at the Sisters of Notre Dame's provincial center. Nearly 80 women have participated in one or more of the retreats and monthly gatherings.

The original cookbook is really five cookbooks in one. Four SCR and friends' books from previous years were reprinted as well as a new book with great recipes provided by the SCR Women Refreshed Group was added. There are some photos of the women enjoying the retreat and favorite hymns. The 2008 addendum includes complete indexes of all of the original cookbooks as well as additional recipes and newer photos.

The Cookbooks are on sale in the SCR Gift Shop for \$25.00. The donations help support the Women's Refreshed Retreat Program.



Staff Notice

CHAMPIONS of "Healthier Tomorrows"

SCR is Tobacco Free - February 28, 2009

Paula Adams	Tom Lewis
Travis Bailey	Glenda May
Brent Barnette	Dr. Will Melahn
Sonya Brown	Mike Montes
Valerie Campbell	Sr. Marge Mouch
Robin Carroll	Mark J. Neff
Sr. Jeanne Francis	Sr. Joenita
Mona Coffman	Cathy Shely
Matthew Duff	Lois Vice
Vicki DeHart	Steve Vice
Theresa Garvin	Janie Waltz
Sheila Hamilton	Dr. Tony Weaver
Karen Holifield	Carolyn Wells
Mary Horsley	Irene Williams
Jean Jones	Lerae Wilson
Ernie Lewis	Trina Winkleman

STAFF NEWS & EVENTS

DR. ANN COLBERT RECOGNIZED FOR WORK AT ZIMBA MISSION HOSPITAL IN ZAMBIA, THAILAND

Submitted By Administration



Ann Colbert, MD

St. Claire Regional would like to recognize Dr. Ann Colbert for her outstanding work in Zambia, Thailand. Dr. Colbert worked at the Zimba Mission Hospital in February. The purpose of the group she was with was to attend a Continuing Medical & Dental Education Conference, which was sponsored by the Christian Medical and Dental Association.

Many speakers from around the world attended.

1ST ANNUAL REPAIR AFFAIR

Submitted By Donna Fannin, Technical Director

The Morehead-Rowan County Repair Affair is a community-wide initiative that will address the minor repair needs of low-income, elderly, and disabled homeowners in Morehead and Rowan County. Approximately 20 homes have been selected from applications to receive safety, security, or energy efficient improvements such as paint, door repair, window replacement, gutter and/or roof repair and other services.

The event will be held Saturday, April 4, beginning at 8:00am.

Anyone interested in volunteering please contact Donna Fannin in the SCR Laboratory at 606.783.6722 or 606.783.6724.

HMR OFFERS FREE WEIGHT LOSS CLASSES TO ST. CLAIRE REGIONAL STAFF

Submitted By MinDee Hudson, HMR Program Director

Lose weight and get healthy before summer! The HMR Program for Weight Management at the St. Claire Regional Outpatient Center would like to offer FREE classes to all SCR staff through June, 2009. We also invite you to ask about the HMR at Home® program.

For more information, please feel free to call MinDee at 606.783.6948.



The Weight Loss Experts.™

MONTHLY WINNERS OF TOBACCO FREE DRAWING FOR FEBRUARY ANNOUNCED

Submitted By Administration

Each month, St. Claire Regional (SCR) conducts a drawing for a monthly prize for those staff members whom have actively supported our Tobacco Free Policy. During our recent drawing for the month of February, 2009, the winners of a beautiful piece of pottery were Sonya Brown and Steve Vice.

Congratulations to these staff members on winning this month's drawing!

SCR would also like to thank everyone who is helping in any way to make SCR a Tobacco free campus!

STAFF NEWS & EVENTS

UPCOMING EVENTS

ST. PATRICK'S DAY ICE CREAM SOCIAL

Date: Tuesday, March 17th
Time: 2:00pm to 4:00pm & 10:30pm to 11:30pm
Location: SCR Cafeteria (2nd Floor)

All SCR Staff and Volunteers are invited to attend our St. Patrick's Day Ice Cream Social. We hope to see you there!

SEDATION FOR NON-ANESTHESIOLOGISTS

Date: Wednesday, March 25th
Time: 6:00pm to 8:30pm
Location: SCR Cafeteria (Cafe D) (2nd Floor)

Presented by Edwin Bowe, MD & Dinesh Ramaiah, University of Kentucky Anesthesiology.

All SCR staff desiring to perform conscious sedation must complete this approved CME regarding sedation and analgesia by non-anesthesiologists in order to continue having this privilege.

Please RSVP to Leslie Williams at lkwilliams@st-claire.org or 606.783.6431.

OH BABY! IT'S A BABY SHOWER! COMMUNITY BABY SHOWER

Date: Saturday, April 4th
Time: 10:00am to 12:00pm
Location: Morehead Conference Center (1st Street)

Planning, pregnant, new or adopting parents are invited to join us for a community baby shower!

To receive additional information, please contact the Northeast AHEC at 606.783.6506.

Have an upcoming event that you would like to be mentioned in the St. Claire Regional Newsbrief?

Submit a detailed e-mail to Matthew Duff in Marketing & PR at maduff@st-claire.org. Be sure to include the name of the event, date, time, location, as well as whom to contact to receive further information.

SCR WELCOMES NEW STAFF

Robin Cox	Infusion Solutions
Tammy Davis	HIM
Brandy Duncan	Environmental Services
Carol Gordon	Nursing Administration
David Graham	Family Med. - Menifee Dental
Elizabeth Hesson	Infusion Solutions
Teresa King	Occupational Therapy
Lori McClanahan	Emergency Physicians
Larry Meade	Infusion Solutions
Sandra Savage	Emergency Physicians
William Staton	Emergency Department

JANIE'S PRESS GANEY TIP

Submitted By Janie Waltz, Patient Relations Coordinator

"Skill of the staff who provided your test or treatment"

Patients do not judge clinical competence relative to professional standards. Just as one does not have to be an automotive engineer to judge the quality of a car, various cues exist which indicate to the lay person the level of professional expertise:

- Professional appearance.
- Adherence to safety guidelines.
- Adherence to physicians' orders.
- Nurses' communication skills and understandability of his/her speech.
- Number of attempts to successfully accomplish a procedure.
- The effectiveness of collaboration, communication and coordination across disciplines and throughout the care continuum.
- How nurses, physicians and other staff treat each other.
- Responsiveness to patients' needs.