



ST. CLAIRE REGIONAL IS HAPPY TO ANNOUNCE DISCOUNTS AVAILABLE TO STAFF

Submitted By Human Resources

Curves

Morehead location

Full Time SCR Staff:

Waived Membership Fee with 12-month membership

Every Ladies Gym (ladies only)

Every Bodies Gym (co-ed)

Morehead, Mt. Sterling & Winchester locations

Membership gives you access to all locations.

Every Bodies Gym offers 24-hour access for additional fee.

Corporate Membership for SCR Staff and their household members: \$99/year per person.

Offer expires March 7, 2009.

Also available: One free trial visit before joining.

LaFinca Restaurant

Morehead location only

10% off purchases

Ponderosa Restaurant

Morehead location only

10% off dine-in purchases

R. Thomas McHugh, O.D. Doctor of Optometry

137 East First Street, Morehead, KY 40351

606.783.1575

10% off Lenses

10% off add-ons such as Tints or Coatings

15% off Frames

15% off Gas-Permeable Contacts

\$2.00 off 6 packs Disposable Contact Lenses

NOTE:

Staff ID may be needed to receive discount.

These community businesses offer their services at a discount for SCR staff. Staff are responsible for contacting the businesses directly with any questions, concerns, comments, and/or complaints. SCR is not responsible for precise details of any vendor offer.

DISCLAIMER: The listing of any business discounts for SCR staff does not imply that the business or the goods and services they offer have been endorsed by SCR.

FEDERAL TAX CREDIT AVAILABLE FOR LOW TO MODERATE INCOME EARNERS

Submitted By Payroll/Human Resources

Do you qualify for the Earned Income Tax Credit (EITC)?

The Earned Income Tax Credit or the EITC is a refundable federal income tax credit for low to moderate income working individuals and families. Congress originally approved the tax credit legislation in 1975 in part to offset the burden of social security taxes and to provide an incentive to work. When the EITC exceeds the amount of taxes owed, it results in a tax refund to those who claim and qualify for the credit.

To qualify, tax payers must meet certain requirements and file a tax return, even if they did not earn enough money to be obligated to file a tax return.

If you think you might qualify for EITC and would like assistance, you can call 1.800.829.1040 or go to www.irs.gov/eitc, scroll down to “Tools” and select “EITC Assistant.”

Did you know you can get an advance of the EITC on your paycheck?

The advance EITC allows taxpayers who expect to qualify for the Earned Income Tax Credit (EITC) to receive a part of the credit in each paycheck during the year the taxpayer qualifies for the credit. The credit is sometimes called the AEITC.



For additional information on EITC, call 1.800.829.1040 or visit www.irs.gov/eitc

If you would like to know more about getting an advance of your EITC on your paycheck, you can call 1.800.829.1040 or go to www.irs.gov/eitc, scroll down to “Tools” and select “Advance EITC.” You will need to complete & submit IRS Form 2009 W-5 for payroll personnel to make the changes to your tax withholdings.

Please note: *This form expires at the end of the calendar year; a new form must be completed each calendar year.*

More Than 1 Million People Suffer a Hip Fracture Each Year *Could You Be One?*



Bone Densitometry Now Available at SCR

Osteoporosis is the leading cause of hip fractures, but the disease is preventable and treatable. A complete bone health assessment can diagnosis bone loss in the earliest stages – *making treatment more successful.*

Speak to your healthcare provider today about adding a complete bone health assessment to your annual screenings.



Staff Notice

CHAMPIONS of "Healthier Tomorrows"

SCR is Tobacco Free - January 30, 2009

Paula Adams
Tara Anderson
Travis Bailey
Brent Barnette
Greg Bausch
Diana Bentley
Karen Bledsoe
Dana Bowman
Sonja Brown
Loretta Burchett
Dave Burns
Valerie Campbell
Don Carpenter
Robin Carroll
Matt Caudill
Sr. Jeanne Francis
Mona Coffman
Donna Conkright
Dale Craft
Amanda Davis
Vicki DeHart
Edna Fannin
Alice Ferguson
Robin Franklin
Theresa Garvin

Shirley Greenhill
Kathleen Harper
Melissa Heizer
Veronica Hinton
Karen Holifield
Theresa Hollan
Mary Horsley
Brian Host
Freda Hughes
Jean Jones
Sonny Jones
Sharlet Kidd
Heather Kiser
Tom Lewis
Dr. Will Melahn
Mike Montes
Sr. Marge Mouch
Mark J. Neff
Kennie Nolan
Joel Porter
Madge Plank
Sheri Quinn
Kayla Rose
Roger Russell
Flint Russett

Dave Schatz
Dick Shutt
Sr. Joenita
Cathy Shely
M. Siddiqui
Loretta Stamper
Carolyn Taylor
Levonda Thomas
Lois Vice
Steve Vice
Susan Victor
Charlotte Walker
Lisa Wallace
Janie Waltz
Dr. Tony Weaver
Carolyn Wells
Francis Whitt
Wendy Whitt
Irene Williams
Leslie Williams
Janie Wills
Lerae Wilson
Trina Winkelman
Karen Woosley
Katie Yusuf

STAFF NEWS & EVENTS

UPCOMING EVENTS

BOOK & GIFT FAIR

Date: February 16th
Time: 9:00am to 6:00pm
Date: February 17th
Time: 7:00am to 4:00pm
Location: SCR Cafeteria, Meeting Rooms A & B

Quality books and unique gifts at great savings!
Sponsored by the St. Claire Regional Auxiliary.
Accepting cash, checks, credit cards, payroll deduction,
& 21 day post dated check.

Everyone is invited to attend! We hope to see you there!

COOPER CLAYTON SMOKING CESSATION CLASSES

Date: Start on Monday, February 16th
Time: 7:30am or 12:00pm
Location: SCR Cafeteria, Meeting Room D (2nd Floor)

Attention anyone interested in attending!

For more information, contact Leslie Williams at
lkwilliams@st-claire.org or 606.783.6431.

TREATMENT & MANAGEMENT OF ASTHMA

Date: Friday, February 27th
Time: 11:30am to 1:00pm
Location: SCR Cafeteria, Meeting Room D (2nd Floor)

Presented by Don Hayes, MD, Assistant Professor, University
of Kentucky College of Medicine. Target Audience: Physicians,
Pharmacists, Nurses, Respiratory Therapists and other interested
healthcare professionals.

Please RSVP to Leslie Williams at lkwilliams@st-claire.org or
606.783.6431.

SCR WELCOMES NEW STAFF

Phelan Bailey	Emergency Department
Amy Barnes	3rd Floor North
Melissa Cron	Infusion Solutions
Rhonda Fannin	Nursing Administration
Amy Jo Greenhill	ICU
Jeffrey Hamm	Laboratory
Christina Hamm	Emergency Department
Daniael Hamm	Emergency Department
Brandi Hunt	Occupational Therapy
Beth Ann James	Environmental Services
Angel Johnson	Surgery/Same Day Surgery
Lanita Miles	Food Services
Cathy Smothers	Surgery/Same Day Surgery
Alberta Wells	Environmental Services

JANIE'S PRESS GANEY TIP

Submitted By Janie Waltz, Patient Relations Coordinator

“ Overall cheerfulness of the hospital ”

The feelings associated with a hospitalization experience are important determinants of satisfaction and loyalty. Cheerfulness is different than happiness and smiles. Patients benefit from encouragement, affirmation, approval and support. This is an important part of the healing process, irrespective of the illness-whether a mother delivering her first child or a cancer patient struggling through his last days. Patients and family are always observing staff members and their behavior. Enthusiastic support can flow from staff through their everyday activities.

