

MAMMOGRAM

**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935**

Patients:
These are the instructions for your
scheduled procedure in our
Diagnostic Imaging Department.

Scheduling

Your examination has been scheduled for:

Date: _____ **Time:** _____ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

Purpose

A mammogram is performed to examine the tissue of the breast and can reveal a small breast tumor approximately two years before it can be felt. The procedure is extremely safe, as modern equipment uses very low amounts of radiation.

Preparation

- We request that you provide us an order for your service exam. This ensures we get your results to your healthcare provider.
- To help minimize discomfort during mammography, schedule your mammogram to take place one week after your period (when breasts are less tender).
- It is very important to bring your previous mammogram films or a list of where and when you have had previous mammograms to your appointment. This information is needed in order for the radiologist to compare previous films with your current exam. Absence of this information could delay your mammogram report.
- On the day of the examination, do not wear talcum powder, deodorant, lotion or perfume under your arms or on your breasts. These substances can cause artifacts on your mammogram, making the images harder to interpret.
- Wear a two-piece outfit so that you only have to remove your top and bra for the examination.
- If you are having problems with your breasts (i.e. pain, lump, or discharge, etc.), please contact your physician prior to your scheduled appointment. An order will be needed for your mammogram.
- If you have implants please tell the receptionist when scheduling your exam. A longer time slot is needed to perform mammograms on patients with implants.

Procedure

A female technologist will perform the procedure. You will be asked to put on a hospital gown with the opening in front. You will stand in front of the imaging machine and one breast at a time will be placed onto a small platform. A compression device is then used to compress the breast. Compression is used to decrease the amount of radiation you will receive and also acquire the best possible image.

Several different projections will be acquired of each breast. This examination may be somewhat uncomfortable depending on the tenderness of each patient's breasts. The exam will take approximately 20-30 minutes.

Results

The radiologist will review your exam and send a report to your physician. A letter with your results will be mailed to you in approximately 10-14 days after your exam. (If you do not receive this letter, please contact us at 783-6761.) The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.