

Patient's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**MRI ARTHROGRAM**

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**Diagnostic Imaging Department  
222 Medical Circle  
Morehead, KY 40351  
Office: 606-783-6761  
Fax: 606-783-6935**

**Patients:**  
These are the instructions for your  
scheduled procedure in our  
Diagnostic Imaging Department.

**Scheduling**

Your examination has been scheduled for:

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15-30 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.  
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

**NOTE: Please bring a family member with you. In the event sedatives are given, or you do not tolerate the procedure well, it is important you have a driver to take you home once the procedure is completed. It is also important a family member be present for an explanation of the procedure and to receive instructions about your care after the procedure.**

**Purpose**

The procedure is performed in order to obtain an MRI study of the structures inside the joint.

**Preparation**

The night before the procedure, do not eat or drink after midnight.

All metal and/or magnetic objects must be removed before entering the scan room. Wear comfortable clothing. You will be asked to remove belts with buckles and to empty your pockets.

**\*\* Note: A detailed questionnaire will be given to you prior to the exam and the technologist will review this before your exam.**

A contrast media will be used during your procedure. If you have had a previous reaction to contrast agent or dye or are currently breastfeeding, please inform your physician or the Diagnostic Imaging staff prior to your procedure by calling the Diagnostic Imaging Department at 606-783-6761.

**Procedure**

A Diagnostic Imaging nurse will first obtain your vital signs and start a small IV. The nurse will explain what you can and cannot do after the procedure and what to do if any complications occur. During this entire procedure it is very important to lie still so you will be positioned as comfortably as possible. You will then have an MRI scan which takes 10 minutes, then taken to another room where the skin around the joint of interest is cleansed and shaved if necessary. The skin is injected with an anesthetic to numb the skin's surface. A small needle is placed into the joint. A small amount of contrast agent or "dye" is then injected into the joint to check the placement of the needle. Another contrast agent or "dye" made specifically for MRI is then injected which will outline the joint. You may feel tightness in your joint. The needle is then removed and the joint is then exercised. Twenty to twenty-five minutes later you will have another MRI scan taking approximately 20 minutes.

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The tightness may continue for a few days after the procedure. This will go away as your body absorbs the contrast. If you have any redness, swelling, or increased pain after the procedure contact the Diagnostic Imaging Department at 606-783-6761.

### **Results**

The radiologist will review your exam and send a written report to your physician. Contact your physician for the results. Your physician will discuss the results with you as appropriate. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761 or 606-783-6793.