

Patient's Name: _____

DOB: _____

KYPHOPLASTY**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935****Patients:**
These are the instructions for your
scheduled procedure in our
Diagnostic Imaging Department.**Scheduling**

Your examination has been scheduled for:

Date: _____ **Time:** _____ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.**NOTE: Please bring a family member with you. It is important you have a driver to take you home once the procedure is completed. It is also important a family member be present for an explanation of the procedure and to receive instructions about your care after the procedure.****** To reschedule or cancel this procedure, please call the SCR Diagnostic Imaging Department at 783-6761, from 7:00 am to 4:00 pm. We request that you call 24-48 hours prior to your procedure if possible.****Purpose**

Kyphoplasty is a minimally invasive procedure that is used to treat painful acute or chronic vertebral fractures or collapse.

Under fluoroscopic image guidance, the physician makes two 1-2 cm incisions into which surgical instruments are introduced to create narrow pathways into the fractured vertebra. A balloon is inflated in an attempt to return the vertebra to its original position. Once correct position is obtained, the balloon is deflated and removed creating a space within the vertebral body. This space is filled with a bone cement to form an internal cast stabilizing and holding the vertebra in place.

Preparation

- You will be asked to come to the hospital for pre-teaching, lab work, etc. a few days before your procedure. A nurse, doctor, and an anesthesiologist may do teaching and assessments on that day.
- Do not eat or drink anything starting at midnight the night before the procedure.
- Due to sedation medications, a driver is necessary for transportation home if you are released the day of the procedure. If an illness develops, please notify your physician, as it may be necessary to reschedule your procedure.

Length of Procedure:

The procedure takes approximately 1 hour for each vertebra involved. The total time, including preparing for the procedure, the procedure itself, and recovery time will vary. Each patient should arrive prepared for an overnight stay in the hospital.

Procedure:

- Blood pressure, heart monitors, and oxygen will be used during procedure.
- An IV will be started so that a member of anesthesia can give sedation medications.
- You will be required to lie on your stomach. Your back will be draped and cleansed using warm betadine solution.

Post-Procedure

- Must lie flat on back for 2 hours after procedure during which your incision, pain and vital signs can be closely monitored. Pain medication will be given as needed for discomfort.
- After the 2 hours of bedrest, you will be ambulated and monitored for any pain.
- The small incisions may be sutured or bandaged. Care of the incision site and dressing will be given on discharge home from the hospital.

Results:

The radiologist will review your exam and send a written report to your physician. You will have to contact your physician for the results. Your physician will discuss the results with you as appropriate. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.