

Patient's Name: _____

DOB: _____

**PHARMACOLOGICAL
STRESS ECHOCARDIOGRAM****Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935****Patients:
These are the instructions for
your scheduled procedure in our
Diagnostic Imaging Department.****Scheduling**

Your examination has been scheduled for:

Date: _____ **Time:** _____ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.**Purpose**

Your physician has ordered a test to determine the state of your heart and its circulation. This information will help your physician in advising you on your activities.

This procedure is used in order to:

1. Aid in the evaluation of the presence or absence of coronary artery disease and may indicate the need for further studies.
2. Evaluate your progress following a major cardiac event (i.e., heart attack or heart surgery).
3. Establish an exercise prescription based on your heart rates.
4. Evaluate your progress in your rehabilitation exercise program.

Preparation

It is important you follow these instructions to ensure the test is properly completed:

1. Do not eat or drink after midnight the day before your exam.
2. Do not smoke two hours before the test.
3. Wear a shirt or blouse that opens in the front.
4. Do not take the following medications (per cardiologist):

_____**Procedure**

In preparation for the test, a small needle will be placed in a vein in your arm. An EKG will monitor your heart throughout the procedure. The physician will inject a medication called Dobutamine that increases your heart rate. The technologist acquires images of your heart before, during, and after the medication is injected. It is important to hold very still during the procedure in order for the technologist to obtain the best images possible. The procedure takes approximately 1 hour.

Your physician will discuss the results with you at the time of your next scheduled appointment. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.