



St. Claire Regional
Medical Center

Patient's Name: _____

DOB: _____

**CISTERNOGRAM
(Nuclear Medicine)**

**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935**

Patients:
These are the instructions for your
scheduled procedure in our
Diagnostic Imaging Department.

Scheduling

Your examination has been scheduled for:

Date: _____ **Time:** _____ A.M./P.M.

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

“We ask that you make every attempt to keep your scheduled appointment as we have ordered a drug specific to your test and you. If you do need to reschedule or cancel your procedure, please call 606-783-6761 24 hours prior to your scheduled appointment.”

Purpose

This Nuclear Medicine procedure is performed in order to show the flow of fluid from the spine to the brain.

Preparation

If you are currently breastfeeding, please inform the technologist before beginning your procedure.

Procedure

While lying in your hospital bed, the physician will place a small needle into your lower back area. A very weak radioactive substance will be injected. You will lie flat on your back for 2 hours. Four hours after the injection, you may be brought to the Nuclear Medicine Department. Your head will be positioned in front of a specialized scanner. The scanner does not emit radiation; it detects the radioactive substance in your body. By use of a computer, images are obtained and recorded. The scanning procedure takes 10 minutes. The scanning will be repeated at 6, 24, 48, and sometimes 72 hours.

Results

The radiologist will review your procedure and send a written report to your physician. You will have to contact your physician for the results. Your physician will discuss the results with you as appropriate. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.