

Patient's Name: _____

DOB: _____

CARDIAC CATHETERIZATION**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935****Patients:**

These are the instructions for your scheduled procedure in our Diagnostic Imaging Department.

Scheduling

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

NOTE: Please bring a family member with you. In the event sedatives are given, or you do not tolerate the procedure well, it is important you have a driver to take you home once the procedure is completed. It is also important a family member be present for an explanation of the procedure and to receive instructions about your care after the procedure.

**** To reschedule or cancel this procedure, please call the Morehead Clinic Cardiology Department at 606-784-6641, extension 276 or 227 from 8:30 a.m. to 5:00 p.m. We request that you call 24-48 hours prior to your procedure if possible.**

Purpose

Your physician has ordered a test to evaluate your heart and circulation system. This information will help your physician in your treatment and activities.

This procedure is performed in order to:

1. Look for narrowing or blockage of the blood vessels of the heart.
2. Study chambers of the heart to check the pumping action.
3. Study the condition of your heart's valves.

Preparation

It is important the following instructions be followed to ensure the test is performed properly:

1. The night before the procedure, do not eat or drink after midnight.
2. Bring someone with you to drive you home when you are discharged.
3. Plan on staying at the hospital approximately 4-8 hours following the procedure.
4. The morning of the exam an IV will be started in your arm and a mild sedative will be administered to help you relax.
5. This procedure requires the injection of a contrast agent. You may have heard it referred to as "x-ray dye". If you are diabetic, currently breastfeeding, allergic to shellfish or iodine or have had a previous reaction to contrast agent or "x-ray dye", please inform your physician or the Diagnostic Imaging staff before your procedure by calling the Diagnostic Imaging Department at 606-783-6761.
6. Take all of your morning medications unless otherwise told by your physician.

Procedure:

Upon arriving in the Cardiac Cath Lab you will be oriented to the room, introduced to the staff assisting your physician, and the procedure will be explained. The procedure will require you to lay flat on a table. During the procedure your blood pressure will be monitored as well as heart rate. For the procedure your groin will be shaved/cleaned/prepped and a sterile drape placed over your body.

The staff and physician performing your cath procedure will be giving you instructions during the procedure such as turning your head side-to-side, take deep breaths, as well as asking you to report any signs of discomfort for example, chest pain, shortness of breath, itching, nausea and vomiting or dizziness. A catheter is inserted in an artery and "dye" or contrast agent is injected to evaluate your heart.

Post-Procedure

When the catheter is removed, firm pressure will be applied and/or a closure device may be used until bleeding from the catheter site stops.

Please remember to report any sign of discomfort to the medical staff such as shortness of breath, chest pain, numbness, swelling, or pain. You will also be given instructions not to move the leg in which the catheter was placed for the procedure and to apply pressure to the site as needed to prevent bleeding or bruising.

After your recovery time (approximately 4-8 hours), based on procedure findings, you will be discharged from the hospital with instructions, follow up appointments, and medications as determined by your physician.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761 or 606-783-6766.