



**PATIENT/FAMILY DISCHARGE
INSTRUCTIONS FOR VASOSEAL**

PATIENT LABEL

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VasoSeal is a collagen plug used to promote hemostasis at the puncture site following a cardiac catheterization, stent, or angioplasty. Your body will reabsorb the collagen in approximately six weeks.

Activity Limitations for the First Two Days Following Your Procedure

- Do not drive a standard transmission car.
- No lifting anything greater than 10 pounds (i.e., a gallon of milk weighs 5 pounds).
- Limit climbing stairs.
- Avoid excessive bending, squatting, and stooping.

Wound Care

- No baths for 5 days. You may shower 24 hours after the procedure.
- Change the dressing the following 1-2 days. Cover with a four-sided Band-Aid for 5 days. Change Band-Aid every day or when loose, wet, or soiled.
- Wash wound gently every day with soap and water or as instructed. Pat dry after. Do not scrub area. Keep the site clean and dry. Do not use any ointments or powders over the wound. You may feel a knot under the skin for 7-10 days.
- Do not rub or scratch the wound.

Call your physician if you:

- Notice bleeding or drainage from the wound.
- Notice a hematoma (a firm raised area that may be bruised around the wound).
- Develop a fever over 101°F or chills.
- Notice numbness, tingling, coolness, or loss of sensation in leg.
- Notice a change in color or temperature of groin or leg.
- Develop chest, arm, or neck pain/discomfort or lightheadedness, nausea, or vomiting.

Note: When you follow up with your primary physician, inform him/her you have had VasoSeal.

I have read or had read to me the above instructions and my questions have been answered.

Patient's signature

Date

Nurse's signature

Date

Distribution: White: Patient's chart; Yellow – Patient's copy