

Patient's Name: _____

DOB: _____

BARIUM ENEMA**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935****Patients:**
These are the instructions for your
scheduled procedure in our
Diagnostic Imaging Department.**Scheduling**

Your examination has been scheduled for:

Date: _____ **Time:** _____ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.**Purpose**

This procedure is performed in order to evaluate the large intestines for disease.

Preparation

24 Hour Prep

Day Before Exam:

8:00 a.m.	Eat light meal.
9:00 a.m.	Drink 8 oz. clear liquid
10:00 a.m.	Drink 8 oz clear liquid
11:00 a.m.	Drink 8 oz clear liquid
12:30 p.m.	Drink 10 fluid ounces bottle of magnesium citrate oral solution Eat a light meal (bouillon, fruit juice, and plain gelatin). No solid foods. No dairy products (no milk, cream or cheese).
2:00 p.m.	Drink 8 oz. clear liquid
3:00 p.m.	Drink 8 oz. clear liquid
4:00 p.m.	Drink 8 oz. clear liquid
6:00 p.m.	Eat a light meal (bouillon, fruit juice, and plain gelatin). No solid foods. No dairy products (no milk, cream or cheese). After eating, take four yellow bisacodyl tablets. Swallow tablets with a full glass of water.

Day of Exam:

Eat no breakfast.

Procedure

The barium enema procedure utilizes barium to coat the large intestine. It makes the bowel visible so that images can be acquired. You will lie on the imaging table as the barium enema is given. You may feel the urge to have a bowel movement. You will be directed to hold your breath and turn from side to side as images are acquired. After the images are recorded, you will go to the bathroom, then a final image will be acquired. The exam takes approximately 45 minutes.

Results

You may have chalky stools and be constipated for a few days. Plenty of juices and water or a mild laxative is recommended.

The radiologist will review your exam and a report will be sent to your physician. Your physician will then discuss your results with you. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.