

Patient's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

## **AIR CONTRAST UPPER G.I. SERIES**

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**Diagnostic Imaging Department**  
**222 Medical Circle**  
**Morehead, KY 40351**  
**Office: 606-783-6761**  
**Fax: 606-783-6935**

**Patients:**  
These are the instructions for your  
scheduled procedure in our  
Diagnostic Imaging Department.

### **Scheduling**

Your examination has been scheduled for:

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.  
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

### **Purpose**

This procedure is performed in order to obtain a study of the esophagus (tube from the mouth to the stomach) and your stomach.

### **Preparation**

The night before the exam, do not eat or drink anything after midnight.

### **Procedure**

Dressed in a gown you will lie on the imaging table and an image of your stomach is acquired. You are asked to drink some small crystals with water that fizz like Alka-Seltzer; this is done to expand your stomach. You are then given barium, a chalky tasting liquid which enables us to acquire an image of your stomach. As you drink images are taken. The entire exam takes only about 20 minutes.

### **Results**

You may have chalky stools and be constipated for a few days. Plenty of juices or a mild laxative is recommended.

The radiologist will review your exam and a report will be sent to your physician. Your physician will then discuss your results with you. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.