



Patient's Name: _____

DOB: _____

AIR CONTRAST UPPER GI SERIES & SMALL BOWEL FOLLOW THROUGH

**Diagnostic Imaging Department
222 Medical Circle
Morehead, KY 40351
Office: 606-783-6761
Fax: 606-783-6935**

Patients:
These are the instructions for your
scheduled procedure in our
Diagnostic Imaging Department.

Scheduling

Your examination has been scheduled for:

Date: _____ **Time:** _____ **A.M./P.M.**

The above time has been reserved for you. Please arrive 15 minutes before the appointed time so you can register. When you arrive to register, please follow the guidelines below to know where to sign in:

Admitting/Registration - 6:30 a.m. to 11:00 p.m.
Emergency Room Registration - 11:00 p.m. to 6:30 a.m.

Purpose

This procedure is performed in order to obtain a study of the esophagus (tube from the mouth to the stomach), your stomach, and the small intestines to look for disease.

Preparation

The night before the procedure do not eat or drink after midnight.

Procedure

Dressed in a gown you will lie on the imaging table and an image of your stomach is acquired. You are asked to drink some small crystals with water that fizz like Alka-Seltzer; this is done to expand your stomach. Then you are given barium, a chalky tasting liquid, which enables us to visualize your stomach and acquire imaging. As you drink images are recorded. After the images of your stomach are acquired, you are given more barium to drink. Images are recorded every 30 minutes until the barium has moved through all of the small intestines. This part of the exam can take 1-4 hours depending on how fast the barium moves through your body.

Results

You may have chalky stools and be constipated for a few days. Plenty of juices or a mild laxative is recommended.

The radiologist will review your exam and a written report will be sent to your physician. Your physician will then discuss your results with you. The technologist will be unable to give you any information or interpretation about the results of your exam.

If you have questions concerning your upcoming procedure, please call the Diagnostic Imaging Department at 606-783-6761.