



St. Claire Regional Medical Center

Inpatient Rehabilitation Unit

We Can Provide the Road to Recovery



■ Helping Others Overcome Obstacles



Jayne Whitaker at age 45 was a vibrant, active wife, friend and social worker when she was diagnosed with an aneurysm.

Then in September, 2007, Jayne had surgery to repair her

aneurysm in Cincinnati, OH, where she then developed multiple complications and was left essentially a quadriplegic.

Since November, 2007, Jayne has been hospitalized at SCR's Inpatient Rehabilitation Unit (IRU). Upon arrival, the only active movement Jayne could exhibit was minimal cervical range of motion. She was unable to accurately communicate her wants and needs as she couldn't vocalize words or move her mouth enough that her lips could be read.

After receiving therapy at SCR's Inpatient Rehabilitation Unit Jayne has recovered the use of her hands, can now stand and talk to her friends and family.

Recently, Jayne has been enjoying going on day passes in the community with her husband Billy. Jayne continues to make progress on a daily basis. SCR celebrates her remarkable recovery!

Getting You Back to What Matters Most

You most likely did not expect life to take you down this path. For most people their illness or injury was unexpected, and now the future seems uncertain. St. Claire Regional understands rehabilitation is more than working to regain physical function, it's **learning to cope with new physical and emotional challenges** as well as figuring out how to adjust to the newly complex world outside the hospital.



The Inpatient Rehabilitation Unit (IRU) is comprised of **10 private rooms, which are located on Fifth Floor within St. Claire Regional.** Our location offers patients complete access to the supportive environment of a full service, state of the art medical center should your needs change.

Our team will work with you and your family in the recovery process. Our goal is to get you back to the community quickly and at your highest possible level of functioning!

Referrals and admissions are coordinated through our Case Manager. Please call...

(606) 783-6650



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About St. Claire Regional Medical Center

St. Claire Regional Medical Center serves as a 159-bed regional referral center and the largest rural hospital in northeastern Kentucky. Founded in 1963, the medical center has grown to a modern health care facility of over 222,000 square feet. As a regional referral center, St. Claire Regional receives referrals from other providers for many complex medical and surgical illnesses of adults and children.

With nearly 1,300 employees, St. Claire Regional is the second-largest employer in the region. St. Claire Regional's medical staff is comprised of over 100 physicians and surgeons, representing 31 medical and surgical specialties. The medical center serves as an established training site for the University of Kentucky College of Medicine's physician residency programs.

In addition to providing services at the Medical Center's main campus in Morehead, St. Claire Regional's operations consist of a new St. Claire Regional Outpatient Center, Cave Run Surgical Specialists, five comprehensive family medicine centers, as well as a family medicine express, a regional telemedicine system, and home care services comprised of home health, hospice, and home medical equipment. St. Claire Regional also partners with the University of Kentucky Medical Center to offer services through the UK Kentucky Clinic Morehead Cancer Treatment Center.

Sponsored by the Sisters of Notre Dame in Covington, Kentucky, St. Claire Regional serves as a not-for-profit hospital and is accredited by the Joint Commission on the Accreditation of Healthcare Organizations.

St. Claire Regional Medical Center's service area covers Bath, Carter, Elliott, Fleming, Lewis, Magoffin, Menifee, Montgomery, Morgan, Rowan, and Wolfe counties.

Procedures & Services

St. Claire Regional offers a wide array of technologically advanced diagnostic and treatment options. We are proud to offer the following procedures and services to the communities we serve:

- Anesthesia** - General, Regional, Epidural, Pain Management
- Cancer Services** - Chemotherapy, Radiation & Surgical Oncology
- Cardiology Services** - Cardiac Catheterization, Cardiac Imaging, Coronary CT Angiography, Echocardiography, Electrophysiology, Nuclear Cardiology
- Dentistry**
- Dermatology**
- Diabetes Care & Education**
- Diagnostic Imaging** - MRI, CT Scan, Mammography, Nuclear Medicine, Ultrasound (3-D)
- Emergency Care**
- Endocrinology**
- Endoscopy/Special Procedures** - Colonoscopy, Bronchoscopy, Upper Endoscopy
- Exercise/Fitness**
- Family Medicine**
- Gastroenterology**
- Hematology**
- Home Health Services** - Home Health, Home Medical Equipment, Hospice, Palliative Care, Rehab Services
- Hospitalist Physician Services**

- Intensive Care Unit**
- Internal Medicine**
- Kyphoplasty**
- Laparoscopic Services**
- Mental Health Services**
 - Counseling
 - Psychiatry (Inpatient & Outpatient)
- Nephrology**
- Neurology**
- Nutrition/Weight Management**
- Oral and Maxillofacial Services**
- Orthopedics**
- Otolaryngology**
- Pastoral Care**
- Pathology, Cytology, and Laboratory Services**
- Pediatrics**
- Pharmacy Services**
- Physical Medicine & Rehabilitation**
 - Inpatient & Outpatient Rehab Services,
 - Cardiac Rehab, Occupational Therapy,
 - Pulmonary Rehab, Physical Therapy,
 - Speech Therapy
- Podiatry**
- Pulmonology**
- Respiratory Diagnostics & Treatment**
- Sleep Medicine & Diagnostic Sleep Lab**
- Social Services**
- Surgery** - General, Laparoscopic, Obstetrical & Gynecological, Oral & Maxillofacial, Orthopedic, Otolaryngological, Thoracic, Urological, Vascular
- Telemedicine**
- Urology**
- Volunteer Services**
- Women's Care** - Childbirth Education, Labor and Delivery, Mammography, Obstetrics and Gynecology, Perinatal Care, Stereotactic Breast Biopsy
- Wound Care**

Amazing. Medicine.
Close to Home.